

## **Common Operational Safety Procedures (for all clubs)**

(Additions and modifications for Phase 2 highlighted in yellow)

**This Provincial Sport Organization (PSO) – Lawn Bowls Nova Scotia (LBNS) Return to Play (RTP) Phase 2 plan will contain three (3) sections:**

- a) Detailed listing, to be adopted by all clubs as **Common Operational Safety Procedures** (see National Sport Organization (NSO) – Bowls Canada Boulingrin (BCB) document CHECKLIST).
- b) Documented and approved, individual club-specific Operational Safety Procedures, for each club, as appendices in the RTP Phase 2 plan.
- c) Bowls Participation Rules.

### **Purpose**

**Health and safety, for all members.  
Safe return to play for our sport of bowls in Nova Scotia.  
Prevention of contagion spread.**

### **Authority**

**LBNS Safety Officer, Club Safety Officer, and On-Duty Monitor hold the responsibility to ensure compliance with these rules and have the authority to apply LBNS-sanctioned measures when non-compliance occurs. Infractions will be recorded with LBNS Safety Officer on the day of occurrence.**

### **Process and Procedures**

1. **Public Health guidelines** will dictate the safe practices that will enable our members to bowl at clubs.
2. RTP guidelines, modeled after NSO-BCB guidelines, provide **framework for LBNS RTP plan** (allowing for made-to-fit NS modifications), to include both **Bowls Participation Rules** and **Operational Safety Procedures** (2 parts: a common set for all clubs and a club-specific set, for each club).
3. Municipal and Public Health guidelines for **facility use** will be followed to ensure safe RTP participation. Special safety conditions:
  - a) **Accessing the club or green, other than during the pre-scheduled bowling sessions**, during the day or evening, will be done through contacting the Club President or Club Safety Officer. That requirement is in effect whether or not there are greens maintenance workers or a summer employee present, and/or the gate is open.
  - b) **Unscheduled or unsupervised activity on the green is prohibited** without explicit permission through Club's Safety Officer. Permission cannot be granted by the summer worker nor the municipal greens maintenance workers. Granting of this type of 'special access', when given, will be accurately recorded by the Club's Safety Officer.
  - c) **For Phase 2, maximum sixteen (16) bowlers, four (4) each of four (4) rinks, plus monitors and safety personnel, on-site, at the facility. Participating coaches count as one (1) each of the sixteen (16).**
  - d) **No spectators or 'visitors' permitted during Phase 2. Inspectors permitted entry upon identification.**

**Ensure REVIEW of the following, to begin Phase 2**

4. All clubs will obtain a **signed insurance waiver** from each participating member (BCB waiver template).
5. All clubs will obtain a **signed Declaration of Compliance** from each participating member (BCB waiver template).
6. All clubs will conduct **general education session(s)** for their members of operating and bowling restrictions and requirements (could be conducted virtually). This must be done prior to the bowls season opening, with a recap at club before participants go on the greens.
7. All clubs will **submit member and contact information to LBNS**, for:
  - Current Executive, Board, and Activity Leaders
  - Safety Officer (Health and Safety Committee Chairperson)
  - List of participating members for Phase 2.

**Additional Common Elements**

- a) Production, posting of signage (5 signs (COVID-19 symptoms, *Declaration of Compliance* questions, Bowls Participation Guide, handwashing, physical distancing).
- b) Acquisition of approved sanitization products and protective gear.
- c) Protocols for lending of bowls.

**Ensure REVIEW of the following, to begin Phase 2**

- d) Documentation of sanitization needs and procedures.
- e) Listing of volunteers and duty description.
- f) Training of volunteers.
- g) Ensuring training, scheduling of participants and volunteers.
- h) Documenting methods of recording for tracing.
- i) Maintaining records.
- j) On-going communication with LBNS Safety Officer.

**Safety Officer Duties** (Health and Safety Committee)

**A communication plan will be established for Safety Officer to keep** volunteers and participants informed/updated on issues affecting the club

**Ensure REVIEW of the following, to begin Phase 2**

- a) Ensure rules and signage are posted.
- b) Arrange for general member and volunteer education session(s).
- c) Arrange for training for volunteers involved in screening, cleaning, monitoring; keep record.
- d) Ensure and record that education and training has taken place for participants, volunteers, cleaners, officials, summer worker.

**MODIFIED LOCAL GAMES**

- e) Maintain the log of all participants, volunteers and employee who were at the club each day.
- f) Every week shall have available for LBNS Safety Officer, a listing of anyone who was at the club the past week and on which date or dates.
- g) Responsible, with others, to ensure that the summer worker, monitors and officials who are at the club report that they have completed the screening procedure every time they are at the club.
- h) Responsible, with the Club President, to address any reports that any club member is not following safety and bowling guidelines

**Recreational facilities remain closed in all municipalities in the province at this time.**

**Regarding Use of Facility Indoor Washrooms during PHASE 2**

**For exceptional, emergency washroom** use during bowling sessions, Phase 2

- **'Best Practices'** procedures for cleaning must be undertaken following each bowls session to ensure safety and cleanliness for the next session's participants.
- It is the club's responsibility to ensure that site washroom cleaning occurs as required. If cleaning is not possible, the washroom cannot be opened.
- Cleaners must be trained about proper cleaning procedures, use of PPEs and sanitizing materials, and waste disposal
- Individual use protocols must be followed during a bowling session.
- Monitor for the each session will maintain a log of members using the washroom.
- This record will be passed to the club's Safety Officer with participant records

**For Lawn Bowls Clubs and clubs having a summer worker**

- The summer worker will do the bathroom cleaning. If the summer worker is not available a volunteer or other paid person will do the work. If the work cannot be done, the bathrooms will be closed. All cleaning procedures will be reviewed with any person who has this duty.

**APPENDIX**

**Covid-19 Outdoor Recreation Facility Restroom Cleaning Best Practices**

**Procedure for cleaning bathrooms of indoor recreation facilities**

Bathrooms will be cleaned twice a day, once in the morning before play and later in the afternoon.

**Personal Protective Equipment (PPE)**

Wear disposable gloves, masks, and face shield for all tasks in the cleaning process and disinfection process. Gloves and face coverings shall be compatible with the disinfectant products being used. Gowns and face shields are not required

**MODIFIED LOCAL GAMES**

Check to see if the product manufacturer recommends additional PPE.

Beware of the risk of splash or backsplash.

Be sure to clean your hands after removing gloves.

Remove gloves and face coverings carefully to avoid contamination of the wearer and the surrounding area.

Clean hands immediately after gloves are removed.

**Preparation (when preparing) for bathroom cleaning**

1. Review the supply checklist then organize all supplies that will be needed, such as soap and paper dispenser refills, clothes, bowl brush, and other proper cleaning equipment.

2. Gather all the properly labeled cleaners that will be needed. Be sure that the correct dilution rates are used according to the manufacturer's recommendations.

3. Display the proper caution signs to warn of wet floors

4. Close the restrooms to patrons before beginning to clean.

**Order of Tasks Remember these three rules of restroom cleaning**

Rule #1: Always clean top to bottom.

Rule #2: Clean from dry to wet.

Rule #3: Work towards the exit door. Cleaning Toilets and Urinals -

**Toilets and Urinal - Part 1**

Apply the proper disinfectant to the bowls ahead of time, which make it easier with cleaner results.

First, flush each unit. This is done to ensure that the unit is free of contamination and determine if it's working properly. Report any damage or malfunctioning units to your supervisor or maintenance department. 1.

It is good practice to back-flush toilets before cleaning. Do this by inserting the bowl brush several times into the bowl throat, forcing the water up and over the bowl trap. This eliminates the water in the bowl, allowing more of the surface to be cleaned and less dilution of the cleaner.

**Dusting**

Practicing the "top to bottom" rule, begin by using a long-handled high duster to remove dust from ceiling corners, wall vents, tops of partitions, door frames, window sills, light fixtures and other high areas that may gather dust.

**Trash Removal**

Empty all trash receptacles and disposal units. Spray the receptacles with disinfectant spray. Dispose of sealed bag of trash in the specified receptacle for pick –up.

**Disinfectant and Towel Dispensers**

Clean the exterior of the soap dispensers with a damp cloth and a disinfectant solution. If necessary, remove any buildup around the delivery area. Allow it to air dry. Damp wipe the outside of the towel dispenser or the hand dryer with a disinfectant solution and allow it to air dry. Damp wipe the outside of toilet tissue dispensers with a disinfectant solution.

**Dry Floor Care**

Dust mop the floor starting at the farthest corner and working towards the door. Collect the dirt with a dustpan and place it in the proper trash receptacle.

**Sinks and Countertops**

Clean sinks by first using a paper towel to remove any hair or debris. Spray disinfectant inside of the sink and exterior surfaces including all metal handles, faucets, and the plumbing until covered. Allow the product to stand for at least 10 minutes for proper disinfection. Wipe using a paper towel, clean cloth, or sponge.

**Mirrors and Glass Surfaces**

Clean mirrors and glass surfaces.

**Spot Cleaning**

Spot clean with a disinfectant solution to remove any stains and dirt from walls and switches. Make sure to spray the cleaner on the paper towel, cloth or sponge when cleaning light switches or fixtures.

## **Cleaning Toilets and Urinal - Part 2**

Now that the disinfectant has had ample contact time, you can continue cleaning the toilets and urinals.

Clean the inside of the toilet with the bowl brush paying close attention to the underside of the flush rim. This prevents the accumulation of bacteria that can spread disease and create unpleasant odors.

Flush toilet to rinse the bowl. Use the clean water to rinse your bowl brush. Flush toilet again.

Wipe down the exterior surfaces of the fixture with a clean paper towel or cloth.

Damp wipe all the flush handles and all other chrome. Allow the disinfectant to air dry.

Use an acid bowl cleaner the flush rim once a week. Remove water by back-flushing with a bowl brush. Saturate the brush with the cleaner and wet all surfaces thoroughly. Rinse by flushing. Only use the acid bowl cleaner on the interior of the bowl and NEVER on the seat. The acid residue could cause harm to the skin.

For urinal, use a bowl brush and wash the pre-sprayed disinfectant from the top to bottom.

## **Wet Mopping**

Wet mop the floor with a disinfectant solution starting from the farthest corner of the room working toward the exit door.

Apply the solution from the mop bucket moderately with special attention given to toilet areas, urinal, and sinks.

Be sure to change the solution once it becomes visibly diluted or contaminated with soil; or at the very least after every three restrooms regardless of visible

## ***Example reference CLUB SPECIFIC***

### **Procedure and Protocol for Individual Members using Club Washrooms during COVID 19**

#### **Physical Preparation**

1. Identify which door to Clubhouse is the entrance to washrooms, with signs posted on the exterior of the door.
2. Inside the clubhouse, a straight line to the washroom, mark off with caution tape and chairs.
3. Outside the entry door to the clubhouse, post a sign indicating "Occupied" or "Not Occupied".
4. Inside each bathroom, whether/if designated male or female, post sign(s) indicating the proper handwashing procedures

<https://novascotia.ca/coronavirus/docs/Hand-Washing-Poster.pdf>

## MODIFIED LOCAL GAMES

5. Inside each bathroom, post a second sign listing the procedure for using the bathroom fixtures and sanitizing surfaces after bathroom use.

**Preparation for member use of washrooms during COVID 19.**

1. Monitors will receive onsite training on the safety procedure, including a complete physical walk-through in the clubhouse before bathrooms are open.
2. Members participating in Phase 2 will receive the written procedures on washroom use before bowling in Phase 2.
3. During the first week of Phase 2, monitors will conduct with bowlers at each session, a review of procedures for using the washrooms.
4. Only one member at a time will be able to use a bathroom.
5. Masks must be worn at all times when the member is not on their assigned rink, including during washroom use.

**Use of Bathroom by an Individual - Cleaning and Sanitization Procedures****Outside, preparation before entry to bathroom, member will:**

1. First, put on their mask before leaving rink
2. Check sign outside the middle club door to see if the bathroom is 'Occupied'
3. Review the posted procedures for using the bathroom and the sanitization procedures
4. Use the provided hand sanitizer

**When bathroom 'Unoccupied', and before entering clubhouse, member will:**

1. Change the sign to 'Occupied' before entering the clubhouse
2. Take a sanitizing wipe, from dispenser inside the door
3. Proceed along 'Enter' path into the bathroom
4. Place the wipe on the countertop before using the bathroom
5. When finished, **wash hands, using procedure as posted**
6. Conduct cleaning with wipe, according to posted procedures

**Upon leaving the bathroom the member will:**

1. Proceed along the 'Exit' path directly to outside door
2. Return the sign to 'Unoccupied'
3. Discard their wipe in the open trash can at the exit door
4. Use the hand sanitizer, again
5. Return to rink (only then, mask may be removed for continued play)

## **Bowls Participation Rules**

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### **A. Tracing Protocols (Public Health requirement)**

- LBNS must implement tracing protocols for our sport before allowing participants to return to play at facilities.
- Tracing protocols for LBNS RTP, require clubs to keep accurate records of participants and volunteers, and their contact information, throughout **Phase 2** (and subsequent phases).
- Clubs must appoint a Safety Officer or safety committee that will be responsible for overseeing and monitoring the return to play protocol.
- Club Monitors will keep daily records and submit these to club Safety Officer on an on-going basis or upon request by overseeing authorities.
- Each club's Safety Officer will retain the weekly schedule and attendance record (names only) for their respective clubs to be made available to LBNS Safety Officer when requested.
- Each club must establish a process to notify members and those directly impacted should a participant test positive

### **B. Pre-Screening**

- Clubs will ensure that all participants are aware of signs and symptoms of COVID-19 and post signage, with screening instructions and Public Health information (COVID-19 symptoms, *Declaration of Compliance* questions, and Bowls Participation Guide, handwashing).
- All participants must register with their club for participation, with their individual contact information, before being scheduled to participate and/or volunteer.

## MODIFIED LOCAL GAMES

- Each participant and/or volunteer must complete the LBNS Return to Play Waiver and the Declaration of Compliance to submit to their club Safety Officer before engaging in activities at the club.
- Each club will submit to LBNS Safety Officer an up-to-date list of intended participants and volunteers, and their contact information, before approval to begin.
- Clubs must organize a schedule of play, for members wishing to participate, with their contact information, and a list of volunteers, with their contact information.
- Participants may engage in activity at only one club throughout the **Phase 2** period. For members transferring to their 'dual-member' club for Phase 2, a new club-specific insurance waiver and a new Declaration of Compliance must be completed for that club and submitted to that club's Safety Officer. Both clubs must be informed of the transfer prior to the start of play.
- **Each club Safety Officer will confirm with LBNS Safety Officer, that all safety protocols have been reviewed with participants, followed by the club's status for readiness to begin, before actual start-up of Phase 2.**
- LBNS Safety Officer will carry out announced and unannounced inspections throughout **Phase 2.**

**C. General Safety Protocols****(Continued, as required for Phase 1)**

- **If you are feeling unwell, regardless of the symptoms, stay home.**
- A list of **symptoms of COVID-19**, and a **'STOP Do Not Enter'** caution sign is posted at club entrance;
- **Safe Social Distancing, 2m, is expected at all times.** A **'reminder'** sign is posted at each club.
- **A "waiting area" should be marked appropriately with physical distancing cues, away** from the playing areas, so that participants in the earlier time slot do not cross paths unnecessarily, going to and coming from the facility.
- Participants are **not permitted to congregate in the parking lot** either before or after they have finished bowling. Clubs **may** post a sign to remind bowlers of this protocol.
- **Bowlers and volunteers will wear masks while coming and going** from their assigned rink; Bowlers can choose to de-mask while on their assigned rink but, must ensure safe distancing while on the rink. **Members who have special circumstances of inability to don a mask, must present this to the club's Safety Officer to arrange alternative entrance/exit procedures, before beginning to participate in Phase 2.**
- **Each participant, at their request for admission to the facility, must answer the posted Pre-screening questions and confirm their intent to comply with all safety and participation rules, to validate BCB, LBNS, and Sport Nova Scotia insurance coverages.**
- **Clubs are required to educate volunteers and participants (conduct a REVIEW of Phase 1) on Phase 2** protocols and respective responsibilities for participation or volunteering.
- **Training REVIEW** will occur for all volunteers of the club, prior to **beginning Phase 2.**
- **Participants should clean their hands frequently rather than wear gloves and avoid touching their faces.**

## MODIFIED LOCAL GAMES

- Clubs will educate volunteers and participants on [proper handwashing and hygiene techniques](#). **An information sign is posted at each club.**
- All common-touch surfaces and used materials will be disinfected before and after use.
- **Access to closed spaces or equipment, including benches, is restricted.** If limited access to a storage shed is permitted by a club, specific cleaning and sanitization procedures, in compliance with all safety protocols, must be detailed in *Club-Specific Operational Safety Procedures*, as approved by club's Safety Officer.

D. Turf Maintenance

- For **Phase 2**, continue following safety standards for minimum requirements to maintain greens. Follow BCB instructions for green maintenance.
- Protocols for operations and safety **are** posted.
- When groundsheets (or aprons) are required to be used, to protect the green, they must be laid at the beginning of the day and remain in place until the end of the day. Groundsheets must be disinfected at the end of each day. The alternative is to close the green for that day to prevent damage to the surface.
- Club Greens Chairperson should be in communication **with HRM greens crew and LBNS** greens chairperson, Don Murchy, to determine days and dates for the applications to the greens that prohibit their use. This is important information for each club's Schedule.

E. Phase 2 Clubhouse / Indoor Restrictions

- **The clubhouse, washrooms, and closed-in spaces (e.g., bowls rooms) will remain closed, during LBNS RTP Phase 2, to further reduce the potential of infection spread and to comply with public health and municipal facility use requirements.**
- **Signage** is posted by all entrances, outlining the safety protocols and physical distancing guidelines. (Signs for physical distancing, handwashing, pre-screening questions, corona virus symptoms, BCB infographic poster for bowls activity.)
- **Water taps/fountains are closed to participant use. Please bring your own water.**
- Clubs **may** provide **hand sanitizer or disinfectant wipes** in common places (or bowlers will bring their own – club decision.) Participants are asked **to take home their own waste material.**

F. Phase 1 Equipment Use Limitations

- Bowlers will bring and **use their own bowls. Bowls must be cleaned at home between uses.** (Clubs may consider lending a set of bowls. *Please request to LBNS to make schedule arrangements for access to bowls storage facility for this lending procedure.*)
- Clubs will designate a separate area around the facility, outside the bowls storage area, for

## MODIFIED LOCAL GAMES

**placement and cleaning of jacks** to be used during Phase 1. **Jacks to be used only once** before being sanitized by the appointed safety personnel.

- **Participants will not access closed spaces or restricted equipment.** This includes benches. (Outside benches will be considered off limits unless a club commits to regular sanitization of all exposed surfaces of the furniture.)
- Cleaner volunteer will ensure that **used jacks are appropriately cleaned, stored,** and are ready for use for subsequent days.
- **Safety personnel, Cleaner and others, will wear appropriate Personal Protective Equipment (PPE)** (mask, gloves, safety goggles, and/or possible 'apron', when sanitizing jacks and surfaces, and handling waste materials.

**G. Phase 1 Bowls Participant Expectations**

- **Playing time slots** will consist of **a pre-scheduled, 60-90minute block** for each draw. Participants may be permitted to schedule more than one block in a day, but not two back-to-back, and only if equitable in distribution among participant requests.
- **Participants will communicate with the Scheduler** to be assigned a time block. Club Scheduler volunteer will manage the scheduling process (electronic, if possible).
- **Pre-determined substitutions** may occur, as designed by a club, with the Scheduler, at least 24 hours before the draw time. These substitutions are the responsibility of the Club Scheduler at the request of a participant and must be communicated to the Monitor of that draw, at least 24 hours before the block session is to begin. All changes of this type must be accurately recorded by the Monitor and registered with the Safety Officer by the end of that day.
- **Participants will pre-schedule the use of a rink.** Those without a pre-scheduled time will not to be permitted access. Do not just show up.
- **Participants will arrive no more than 5 minutes before their scheduled time** slot to discourage loitering. Leave promptly when you are finished.
- **Participants will wait** for Monitor signal for entry to begin, for their pre-scheduled time to participate. **Wait in the designated waiting area, or in car, upon arrival at the club.**
- **Do not loiter in the parking lot** before or after you have finished bowling.
- **Do not bring visitors** with you to your scheduled bowling time slot.
- **Monitor will refer to posted signs and proceed with Pre-screening questions with each participant protocol upon entry.**
- **Each participant will be asked and will agree to adhere to the club protocols during their block session (Declaration of Compliance waiver that was signed) before being admitted to the facility.**
- **Monitor will 'check in' participants and indicate assigned rink,** record time, and proceed with 'check out' at end of the designated time.
- **Physical distancing must be maintained,** except in the case of a family group, by staying a minimum of two (2) metres six (6) feet, away from each other, on and off the green.
- **The number of people on a rink is a maximum of four, usually two at each end,** during modified games of Phase 2. Exception would be if a three-person, 4-3-2-1 game format, or a coaching situation and would still require careful maintaining of physical distancing.
- **There will be at least one empty, standard rink, a measure of 4.3 metres,** between

## MODIFIED LOCAL GAMES

rinks being used.

- **Stick to your assigned rink and maintain physical distancing.** Do not visit with other people.
- **When not delivering a bowl or directing the head, stand on the rink boundaries or in the adjacent rink and at least 2 metres from all other players.** Each team could have its own 'side' to stand on.
- **No club mats** will be used during Phase 2.
- **Bring a towel, or own mat,** to use at your turn, in place of a club mat in the delivery area. Each bowler will tend their own 'towel-mat', re-locating it, end-by-end. Individuals are responsible to take their own equipment home to clean in between sessions.
- **At crossover, players can use the unoccupied rinks** to avoid passing too close to each other. If 'towel-mat' being used, re-locate it with you, at 'crossover'.
- **Do not shake hands or high five.** Start and finish each game with a wish for a "good game" or a "thank you".
- **Two jacks, may be used on each rink. Designate one person** to use and set each specific jack, if to be used. Tennis balls or half tennis balls may be used. The jacks, if used, will be cleaned and sanitized before and after use. A designated area for soiled jacks will be set.
- **Jacks delivered should be moved /centered by nudging with a foot.**
- **Do not share any equipment.**
- **Do not touch someone else's** bowls, jack, or towel-mat
- **Pushers, or rakes, will not be used during Phase 2.**
- **Do pick up your own bowls or kick the bowls in.**
- **Off-bias bowls must be stopped by foot before nearing another active rink.**
- **Modified games may take place during Phase 2**
- **Scores may be tallied during modified games in Phase 2** but, must kept by a single participant using own materials, not shared. Club score cards will not be made available.
- **Measuring is permitted** by one measurer only, after completion of each end, using own tape and no touching of bowls or jack.
- **Reminder that these are not formal games.** If measuring is impeded by the lie or position of a bowl(s), measuring is not permitted in that case. Two (2) metre distancing is required by onlooker(s) and no bowls may be removed to a towel, as usually done, rather 'shots' should be mentally noted.
- **Bowls that go in the ditch** will remain there, even if they are not touchers, to be picked up by their owner for use in the next end.
- **Touchers** may be marked using only spray chalk. A toucher in the ditch may be deflected by a non-toucher in the ditch. So be it. Leave it where it comes to rest.
- **No re-spotting the jack.**
- **Draws and tap shots** are anticipated, **drives are not,** to avoid crossing into another rink.
- **Burnt ends are NOT replayed.** Carry the score forward and the same lead will go first in the following end. This way, only the same lead delivers the jack.
- **The team Lead handling the jack** must collect the jack from the 'sanitized' location and return it for sanitizing, to the designated place, at the end of the game.
- **Game formats offered in Phase 2** are the responsibility of each club, and

## MODIFIED LOCAL GAMES

- ✓ must comply with all operational safety procedures of LBNS RTP Phase 2 plan
- ✓ must provide equitable opportunities for all interested members.
- ✓ must be detailed, each different format, in Club-Specific O.S.P. of it's RTP Phase 2 plan.

- See *APPENDIX* for **Modified Games** suggestions

**Regarding Coaching and Coaches during LBNS RTP Phase 2**

1. **There will be no general coaching, nor club coaching or basic bowls instruction**, including coaching for initiation or LTAD *Introduction to Bowls, Learn to Play, Train to Play, Bowls for Life* development **during Phase 2.**
2. Coaching, with competition and performance coaches, for athletes engaged in LTAD *Learn to Compete / Train to Compete / High Performance* development, is permissible, following all prescribed rules and safety procedures.
3. If coaches are available, they must adhere to all RTP protocols, including those for *Pre-screening* and club facility access and use (i.e. signed waivers and forms, pre-scheduling, monitoring, cleaning, and sanitization).
4. Eligible members may arrange individual or pair coached sessions of 60-90 minutes through Club Scheduler, with approval of Club Safety Officer.
5. The club's Coaching Director should be made aware of an impending coaching session(s), so to maintain a record, for meeting LBNS provincial sport outcomes.
6. Coaches must be members of the Club in which coaching will occur and that club must be their selected club for participation through this Phase 2.
7. Coaching sessions should not pre-empt regularly pre-scheduled bowling draws but may occur at the same time if a rink is available.
8. Coaches may not share equipment with participants.
9. Coaches cannot count in excess of numbers of participants on the rink (max. 4 – Phase 2) and must maintain physical distancing on that rink.
10. A coach may not move between rinks during a single session.
11. **All safety and distancing protocols must be adhered to in any case, by all participants.**

## **APPENDIX**

### Modified Games for Phase 2 Return to Play

#### *2-bowl Pairs*

- Play 2-bowl pairs using 4-3-2-1 scoring format
- First to 51 points

#### *Distant Singles Game*

- 2 players (each on their own rink), 4 bowls each, 8 ends
- The jack is set at a specified length for the game. Each player plays on their own rink and draws to their own jack. Measure the distance of each bowl from the jack (i.e. inches or centimeters); whoever has the lowest average distance (over 32 bowls) is the winner.

#### *Pressure Game*

- 2 players, 3 bowls each, 3 end sets
- for the first set, player one has an extra bowl which is placed (front toucher) before the first bowl is played.
- for the second set, player two has the extra bowl

(simulates the situation when a lead has an outstanding first bowl - protect a good shot

/ minimize losses)

#### *Consistency*

- 2 players on a rink using either 3 or 4 bowls. The closest 4 bowls count and they are each worth 1 point. This keeps the score quite close.

### *Singles Serve*

- 2 players, 4 bowls each
- \*based on squash scoring system- serve to win a point/shot
- a player only scores by winning the end to secure serve, and then must win the subsequent end to score points
- losing that end means the other player has the serve and capacity to score on the next end
- play first to 7 shots

### *Skins Game*

- 2 players, 4 bowls each
- played as a normal game of singles with player holding shot establishing mat placement and length to play
- on each end the player with the bowl furthest from the jack has that bowl removed for the rest of the game
- no drives; a jack moved more than two mat lengths is returned to its original position
- winner is the last player to have bowls in play

(maintaining bowls in a scoring zone, beating opponent bowls, weight control)

### *FULL House: Decision-making*

- 2 players, 4 bowls each
- play singles where each player has to deliver each of these four types:
  1. Forehand draw
  2. Yard to 2-yards on shot, hand of choice
  3. Backhand draw
  4. Drive, hand of choice
- each player chooses the order when they use each of these four deliveries as part of the decision-making process

### *Add to 8*

- 2 players, up to 8 bowls each
  - both players have 8 bowls available, and will always have 2 bowls to compete
  - each player starts with two deliveries, as a minimum every end, however, whoever wins the first end can now add a bowl for delivery the next end
  - if they lose that following end they forfeit that extra bowl and both players are back to two deliveries
  - consecutive winning ends means you add bowls to play with
- (\*alternate game- add a bowl every time a player wins an end (no forfeiting) until one player earns all eight bowls)

### *JACKO*

- 2 players, 4 bowls each
- play as a regular singles games, without the jack (which is not thrown until after all bowls are delivered)
- as the end progresses, players have to consider where best to place their bowls to minimize lost points
- the jack is rolled by player one (predetermined), and the end is scored
- if the jack goes out of bounds, is short of the legal playing length, or goes in the ditch, the opposition has a chance to roll the jack to their shot advantage

### *Heartbreaker*

- 2 players, 4 bowls each
- After all bowls have been delivered, remove each player's closest bowl before determining shot/scoring.

### *Crown Bowling*

- 2 players on a rink. Number of bowls could be 2 - 4 depending on whether you want to keep things moving quickly or not so much. Players bring their mat along with them.

The closest bowl is declared the winner. That person then drops the mat near the head, tosses the jack to an open space and rolls the first bowl

### *Singles with a marker*

- 3 bowlers are on the rink but one of them takes their turn to mark for the other two. If you play 18 ends you could rotate the marker every two ends OR change the marker every 6 ends. Either way, players mark 6 ends and play 12 ends

### *Singles with exercise*

- 2 players, 3 bowls each
- The game is singles with one person at each end. Player A rolls 2 bowls. Players switch ends. Player B rolls three bowls. Switch ends. Player A rolls the hammer.
- Next end: Player B rolls 2 bowls. Players switch ends. Player A rolls 3 bowls. Switch ends.

Player B rolls the hammer.

- Play twelve ends.